# DELHI UNIVERSITY Curriculum for MBBS: GENERAL SURGERY

#### Aim:

To produce physicians of first contact, able to diagnose common surgical condition, initiate appropriate treatment and timely referrals to the specialist.

At the end of the course, the learners shall be able to

- 1. Diagnose and appropriately manage common surgical ailments in a given situation.
- 2. Identify situations calling for urgent or early surgical intervention and refer at the optimum time to the appropriate centers.
- 3. Provide adequate preoperative, post-operative and follow-up care of surgical patients.
- 4. Counsel and guide patients and relatives regarding need, implications and problems of surgery in the individual patient
- 5. Provide emergency resuscitative measures in acute surgical situations including trauma. Should be well versed with BLS&ITLS.
- 6. Organise and conduct relief measures in situations of mass casualties.
- 7. Effectively participate in the National Health Programmes especially the Family Welfare Programme.
- 8. Discharge effectively medico-legal and ethical responsibilities
- 9. Perform simple surgical procedures.

# **Knowledge**

# **System Based**

Subject	Must Know	Desirable to know
Wound healing integrate with Pathology	<b>√</b>	
Asepsis, antisepsis, sterilization and universal precaution	V	
Surgical knots, sutures, drains, bandages and splints.	<b>V</b>	
Surgical infections, causes of infections, prevention common		
organisms causing infection.		
Tetanus, gas gangrene treatment & prevention	V	
Chronic specific infections TB, Filariasis	<b>V</b>	
Boils, cellulites, abscess, narcotizing fascitis.	V	
Antibiotic therapy	V	
Hospital infection	7	
AIDS and Hepatitis.	7	
Fluid and electrolyte balance.	V	

Shock etiology nathonhysiology and management		T
Shock, etiology, pathophysiology and management Blood transfusion indication and hazards	<u> </u>	
Common preoperative preparation and postoperative complication	<del></del>	-
Surgical aspects of diabetes mellitus	$-\sqrt{}$	<del>                                     </del>
Bites and stings	$-\sqrt{}$	<del> </del>
		<del> </del>
Basic principles in management of trauma patients  Machanisms and management of missile, blast and gunshot injuries	٧	1 1
Mechanisms and management of missile, blast and gunshot injuries		1
Organ transplantation: Basic Principles		\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
Nutritional support to surgical patients	2	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
Common skin and subcutaneous condition	- V	<del> </del>
Sinus and fistulae, pressure sores	N A	<del> </del>
Acute arterial occlusion, diagnosis and initiate management.	<del>- 1</del>	<del> </del>
Types of gangrene, Burgers disease and atherosclerosis	<u>√</u>	+
Investigations in case of arterial obstruction, amputation, vascular		٧
injuries basic principles and management	ا	
Diabetic foot	√ 	<del>                                     </del>
Venous disorders: Varicose veins	<del></del>	1 1
Diagnosis, principles of therapy, prevention, of DVT.	√	<b></b>
Investigations in case of arterial obstruction, amputation, vascular		√
injuries basic principles and management	V	
Lymphatic: Diagnosis and principles of management of lymphangitis	V	
and lymphedema		ļ,
Surgical management of Filariasis.		1 1
Burns: causes, prevention and management	√ 	<u> </u>
Basic principles of oncology	√	<u> </u>
Basic principles of minimal access surgery	√	
Wounds of scalp and its management	√	
Recognition , diagnosis and monitoring of patients with head injury,	1	
Glasgow coma scale	-1	<del></del>
Recognition of acute cerebral compression, indication for referrals.	<u> </u>	ļ
Cleft lip and palate	- <del>1</del>	<u> </u>
Leukoplakia, retention cysts, ulcers of tongue.	<u> </u>	ļ
Oral malignancies	<u> </u>	
Salivary gland neoplasms	٧	
Branchial cyst, cystic hygroma	<del></del> -	1 1
Cervical lymphadenitis nonspecific and tuberculous, Metastatic lymph	√	1
nodes and lymphomas.		
Diagnosis and principles of management of goitre		
Thyroglossal cyst and fistula	√	<u> </u>
Thyroididitis		√
Thyrotoxicosis	1	
Thyroid neoplasms		1
Clinical features and diagnosis	$\checkmark$	
Principles of management		1
Management of solitary thyroid nodule	7	
Thoracic outlet syndrome		1 1

	<del></del>	1
Management of nipple discharge	1	
Breast abscess	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
Clinical breast examination, breast self examination	1	
Screening and investigate breast lump	N V	<u> </u>
Cancer breast diagnosis, staging and principles of management	<del>                                     </del>	<u> </u>
Recognition and treatment of pneumothorax, haemothorax	1	
Pulmonary embolism: prevention/recognition and treatment	1 1	
Flail chest, stove in chest.	1	
Postoperative pulmonary complication.	<b>V</b>	
Empyema thoracis	1	
Recognition of oesophgeal atresisa and principles of management	1	
Neoplasms of the lung	,	1
Clinical features and diagnosis	1	,
Principles of management		- V
Cancer oesophagus:		√
Clinical features and diagnosis	√	,
Principles of management		٧
Congenital hypertrophic pyloric stenosis	1	
Aetiopathogenesis, diagnosis and management of; peptic ulcer	٧	
Cancer stomach	,	1
Clinical features and diagnosis	√ √	
Principles of management		<b>√</b>
Signs and tests of liver function	V	
Amoebic liver abscess	1	
Hydatid cyst	<u> </u>	<u> </u>
Portal hypertension		
Clinical features and diagnosis	√ √	
Principles of management		√ √
Obstructive jaundice	1	
Neoplasms of liver		1
Assessment , diagnosis and initial management of abdominal injuries	1	<u> </u>
Rupture spleen		
Indications for splenectomy	<del>                                     </del>	1 1
Clinical features, diagnosis, complications and principles of	1	
management of cholelithiasis and cholecystitis		
Carcinoma gall bladder		
Clinical features and diagnosis	√	
Principles of management		√ √
Choledochal cyst		T 1
Acute pancreatitis	V	
Chronic pancreatitis		1
Carcinoma pancreas		1
T " "' compliantions and		
Peritonitis: causes, recognition, diagnosis, complications and	1 1	
principles of management	<u> </u>	

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Genital tuberculosis in male	√	
Phimosis and paraphimosis	1	
Carcinoma penis		1
Clinical features and diagnosis	1 1	
Principles of management	√ √	·
Diagnosis and principles of treatment of undescendedd testis	1 1	
Torsion testis	1	
Hydrocele, haematocele and pyocele		
Varicocele.	1	1 1
Acute and chronic epididymo-orchitis	1	
Testicular tumours.		1
Clinical features and diagnosis	<b>√</b>	
Principles of management		1 1
Principles of management of Urethral injuries	V	

Symptoms based (Preferably learnt during IX semester) Approach to the patient with

Symptom	Must	Desirable
• •	Know	to know
Ulcers in oral cavity	1	
Solitary nodule of the thyroid		
Lymph node in the neck	√ ·	
Suspected breast lump	\ \ \	
Acute abdominal pain	1	
Dysphagia	\ \ \	
Chronic abdominal pain		
Epigastric mass	\ \	
Right hypochrondium mass		
Right iliac fossa mass	V	
Renal mass	√ .	
Inguino-scrotal swelling	V	
Scrotal swelling	. \	
Gastric outlet obstruction		
Upper gastrointestinal bleeding		
Lower gastrointestinal bleeding	√	
Anorectal symptoms	√	
Acute intestinal obstruction	√	
Obstructive jaundice	\ \ \	
Acute retention of Urine	V	
Bladder outlet obstruction	V	
Haematurea	V	
Peripheral vascular disease	<b>√</b>	

Now home with developmental angular	
New borne with developmental anomalies	

# **SKILLS**

#### Objectives

- 1. Obtain a proper relevant history, and perform a humane and thorough clinical examination including internal examinations (per-rectal and per vaginal) and examinations of all organs/systems in adults and children
- 2. Arrive at a logical working diagnosis after clinical examination
- 3. Order appropriate investigations keeping in mind their relevance (need based) and cost effectiveness.
- 5. Write a complete case record with all necessary details.
- 6. Write a proper discharge summary with all relevant information
- 7. Obtain informed consent for any examination/procedure

At the end of the learners should be able to perform:

Skill	Perform	Perform	Assist	Observe
	independe	under	the	
	ntly	supervision	expert	
Start IV lines and monitor infusions	√ √			
Start and monitor blood transfusion.	1			
Venous cut-down	√ √			
Manage a C.V.P. line	<b>√</b>			
Conduct CPR (Cardiopulmonary	√ √			
resuscitation)				
Basic life support /ITLS	√			
Endotracheal intubation	√			
Pass nasogastric tube	√ √			
Perform digital rectal examination and	√			
proctscopy				
Urethral catheterisation	√			·
Dressing of the wounds	√			
Suturing of the simple wounds	√ √			
Remove small subcutaneous swellings		√ √		
Various types of biopsies		√		
Relieve pneumothorax		<b>√</b>		
Infiltration, surface and digital Nerve		<b>√</b>		

blocks				
Incise and drain superficial abscesses		1		-
Manage Lacerated wounds		1		
Control external hemorrhage		√		
Vasectomy			7	
Circumcision			V	
Surgery for hydrocele			V	
Surgery for hernia			1	
Injection/banding of piles			V	-
Management of shock			1	
1.			V	
Assessment and management of burns				
All the operations performed by				√ <u> </u>
surgeons during surgical posting during	[			
general surgical postings				

Skills to be learnt initially on the models and later on performed under supervision before performing independently, provision of **surgical skills laboratories** in the Medical Colleges will facilitate this process

### **Assessment**

Formative at the end of capsule course and clinical postings Summative at the end of the Course Tools:

#### Theory

Problem solving MCQs, Structured Long questions Problem solving long questions Short answer questions

#### **Practical**

Long case Short cases OSCE

50% of marks to be given for practical examination and 50% for Theory examination

Surgery and Allied subjects Examination Marks distribution

Theory - Total: 200 ma	rks		
Paper I	SECTION A	40	80 marks
	SECTION B	20	
	SECTION C	20	
Paper II	SECTION A	40	80 marks
_	SECTION B	40	
Internal Assessment			40
	Total		200 marks

Paper 1

SECTION A: Gen Surgery: 20 SECTION B Anesthesia: 10

Radiology: 10

80

SECTION C Orthopedics: 20

Paper 2 General Surgery including subspecialties

Practical— Total: 200 marks	
Surgery Long case	40 marks
Surgery 2 Short cases	20+ 20=40 marks
Ortho case	20 marks
OSCE	
Surgery including radiology and Surgical pathology	40 marks
Orthopedics	10 marks
Anesthesia	10 marks
Internal assessment	40 marks
Total	200 marks

# Long and short cases should be structured Each OSCE is of 5 marks

#### Teaching learning methods:

Structured interactive sessions Small group discussions Self learning tools like

- (a) Assignments
- (b) Problem based learning
- (c) Written case scenarios
- (d) Simulated patient management problems

## In addition to routine classroom and bedside teaching

#### Learning resource materials

Text books
Internet
CDs
Videos
Skill laboratories

#### Suggested text Books

Bailey and love Short practice of Surgery A manual of clinical Surgery by S Das Hamilton Bailey's demonstration of clinical signs Pye's Surgical Handicraft

### Suggested topics for e-learning: All the topics included in symptom based learning

- 1. Ulcers in oral cavity
- 2. Solitary nodule of the thyroid
- 3. Lymph node in the neck
- 4. Suspected breast lump
- 5. Acute abdominal pain
- 6. Dysphagia
- 7. Chronic abdominal pain
- 8. Epigastric mass
- 9. Right hypochrondium mass
- 10. Right iliac fossa mass
- 11. Renal mass
- 12. Inguino-scrotal swelling
- 13. Scrotal swelling
- 14. Gastric outlet obstruction
- 15. Upper gastrointestinal bleeding
- 16. Lower gastrointestinal bleeding
- 17. Anorectal symptoms
- 18. Acute intestinal obstruction
- 19. Obstructive jaundice
- 20. Acute retention of Urine
- 21. Bladder outlet obstruction
- 22. Haematuria
- 23. Peripheral vascular disease
- 24. Varicose veins
- 25. New borne with developmental anomalies